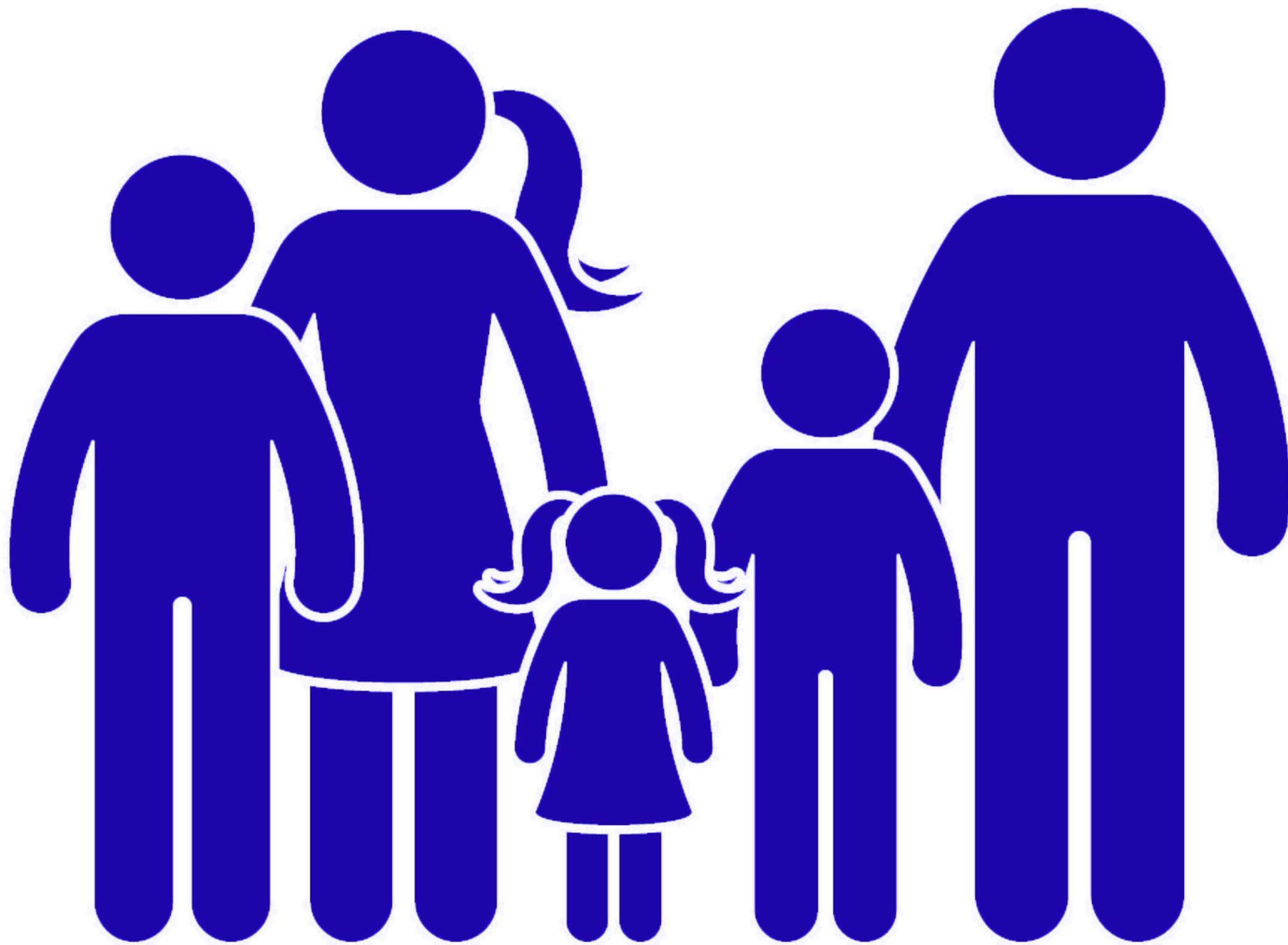


It's a Family Thing



Digital devices and social media are robbing our families of the time and attention it takes to build strong relationships, instill values, and practice our faith together.

This February, consider having everyone in your family join the international campaign to reclaim our lives from social media for 28 days, and experience the joys of living a real life.



Learn more at offm.org/en/off-february